# **Dishes and their allergen content - Desserts**

(Note – Please state the name of the cereal(s) containing gluten\* and/or the name of the nut(s)†)

Dishes						Lupin Flour	Milk		MUSTARD					we we
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	1			1	1		1		<b>/</b>					
Chocolate Brownie		Х		Х			Х							
Pavlova				Х			Х							
Lemon and Lime Parfait		X (GFA)		Х			Х							Х
Cheesecake (ASK CHEF)														
Cheeseboard		X (GFA)					Х							х
Pineapple														х
Ice Cream							X (VgA)							



# Dishes and their allergen content – Mains (1)

(Note – Please state the name of the cereal(s) containing gluten\* and/or the name of the nut(s) $^{\dagger}$ )

Dishes					D.	Lupin Flour	Milk		MUSTARD					NAE Soor
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	1			1	1				1					
Veal							X							Х
Chicken and Salami		Х					Х							Х
Beef Burger		x					Х		X					Х
Chicken Burger		х					Х		Х					Х
Fish and Chips		X (GFA)												Х
Lamb Cutlets				Х			X			Х				Х
Tagliatelle		Х	(X Seafood)					(X Seafood)						
3 Bean Peppers		Х							Х					



# Dishes and their allergen content – Mains (2)

(Note – Please state the name of the cereal(s) containing gluten\* and/or the name of the nut(s) $^{\dagger}$ )

Dishes						Lupin Flour	Milk		MUSTARD			INAM ON		Seer WAE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	/			1			/		/					
Spinach and Ricotta Lasagne		Х		Х			Х		х					Х
Potato Roulade									Х					Х
Ribeye		X (GFA)												
Sirloin		X (GFA)												
Brandy and Peppercorn		х					Х							Х
Mushroom Sauce		х					Х							х
Pork Loin		х		X			х			Х				х
Sea Bass		Х	х	Х	Х		Х	х						



# **Dishes and their allergen content - Roasts**

(Note – Please state the name of the cereal(s) containing gluten\* and/or the name of the nut(s)†)

Dishes						Lupin Flour	Milk		MUSTARD			HIGH.		Gase WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	1			1	1		1		1					
Beef		X (GFA)		X (O)			X (O)							x
Pork		X (GFA)		X (O)			X (O)							х
Lamb		X (GFA)		X (O)			X (O)							Х
Chicken		X (GFA)		X (O)			X (O)							Х
Turkey		X (GFA)		X (O)			X (O)							х
Vegan Roast		х												



# Dishes and their allergen content - Sandwiches

(Note – Please state the name of the cereal(s) containing gluten\* and/or the name of the nut(s) $^{\dagger}$ )

Dishes					D.	Lupin Flour	Milk		MUSTARD					WAE Goder
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	1			1	<b>/</b>		1		1					
Ham, Tomato and Red Onion		X					Х		х					х
Cheddar and Pickle		Х					Х		х					Х
Prawn and Marie Rose		Х	х				Х		х					Х
Pulled Pork		Х					Х		Х					Х
Roast Beef		X					Х		X					Х
Coronation Chicken		х					Х		Х					Х



# Dishes and their allergen content – Sharers and Salads

(Note – Please state the name of the cereal(s) containing gluten\* and/or the name of the nut(s)†)

Dishes						Lupin Flour	Milk		MUSTARD			Na.		WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	1			1	/		1		/					
Rustic Loaf		X					Х							
Vegetarian Platter		X (GFA)					Х							Х
Fish Platter		X (GFA)	x		X		Х		х					х
Caesar Salad		X (GFA)			×				Х					х
Tuna Nicoise				Х	Х				Х					х



# **Dishes and their allergen content – Starters**

(Note – Please state the name of the cereal(s) containing gluten\* and/or the name of the nut(s) $^{\dagger}$ )

Dishes					D.	Lupin Flour	Milk		MUSTARD					WINE Soor
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	1			1	1		1		<b>/</b>					
Dorset Snails		X (GFA)					Х	X						х
Chicken Liver Parfait							Х							Х
Duck Pancakes		Х								МС	МС			Х
Langoustines			x				×							
IOW Tomatoes		X (GFA)												Х
Soup		X (GFA)												

